## Statistical Methods for Population Health

Week 1: Introduction to Statistics

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- Core skills
- Statistical principles
- Result interpretation
- Basic data analysis using $R$
- Some modeling techniques


## Weekly Schedule

- Week 1: R Introduction and Statistical Principles


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- Week 2: Testing Mean Differences and Associations


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- Week 2: Testing Mean Differences and Associations
- Week 3: Statistical Models for Multivariate Analysis


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## The Lady Tasting Tea Problem

- In 1920s Cambridge, England, a Lady, named Muriel Bristol, claimed to be able to tell whether the tea or the milk was added first by the taste of it!
- A statistician Ronald Fisher what to test if thats true or not using
 probability principles

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- Let's prepare many cups of tea for her to identify, then we would expect her to identify, on average, half of them correctly.
- However, if she can identify many of them correctly, then we may have to reject the assumption of random guessing
- The question is, how many is too many?


## The Essential Idea

- Two important concepts:

1. Experimental design
2. Hypothesis testing


Sir Ronald A. Fisher (1890-1962)

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- The chance of identifying all 4 correctly is $1 / 70$
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- The chance of 0 is $1 / 70$
- What can be considered as "surprising" evidence given the assumption that she is randomly guessing?


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- How many cups Lady Bristol identified correctly?


## Recap

Some key steps in hypothesis testing:
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2). Perform an experiment and observe that the lady identified the 4 correctly.
3). If the Null hypothesis is correct, there is only $1.4 \%$ chance that one can guess 4 correctly
4). This is a "small probability event" (smaller than a pre-determined significance level, $\alpha=0.05$ ), so we will make a conclusion to reject the Null.

## Recap

- If we reject the Null hypothesis, does it mean that Lady Bristol actually has the ability to identify them?


## Correct or Wrong decision?

- We could still make a wrong decision. In fact, there are four situations:

|  | Accept $H_{0}$ | Reject $H_{0}$ |
| :---: | :---: | :---: |
| $H_{0}$ true | $\checkmark$ | Type I Error |
| $H_{0}$ false | Type II Error | $\checkmark$ |

- Type I error: $H_{0}$ true but we reject it.
- Type II error: $H_{0}$ false but we accept it.


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- Type I error can be controlled using the $\alpha$ level we choose.
- 1 - Type I error is called the confidence level
- Type II error is difficult to analyze because we don't know what the alternative may look like. For example, the lady may have 0.7 probability to identify a correct one, or $0.9,0.51$, etc. They all can have different Type II errors.
- 1 - Type II error is called the power.


## Summary

- Statistics is a tool to analyze data and find patterns
- However, statistics cannot provide a definitive answer
- Definitive answers come from understanding the science


## Homework

- Further reading (textbook): Sections 11.3.3 and 11.3.4
- "Quantitative methods for health research: a practical interactive guide to epidemiology and statistics" by Nigel Bruce, Daniel Pope, Debbi Stanistreet. Hoboken, NJ:Wiley, 2018 2nd edition. Wiley Online Library [Download Link]
- Install RStudio and R

